

## Find out more and contact us

To find out more information please visit our website:

[www.3NDWG.org](http://www.3NDWG.org)

Find out the latest updates, activities and news by following us on Twitter:

[@3NDWG](https://twitter.com/3NDWG)

Join the huge community on our Facebook page which shares information and news:

Search 'Dementia Information' or '3NDWG' on Facebook

To join us, or for any questions, please get in touch any time by sending an email to:

[3NDWG@alzheimers.org.uk](mailto:3NDWG@alzheimers.org.uk)

## Membership

- Membership of the 3NDWG is open to all people with a diagnosis of dementia (or a re-diagnosis of mild cognitive impairment following a dementia diagnosis) living in England, Northern Ireland or Wales.
- Carers, researchers, professionals and supporters can join as Associate Members, meaning they receive updates and news of how to support the group.
- A steering group of 12 people living with dementia (PLWD) drawn from the membership will lead the 3NDWG

## Who are we?

The 3NDWG is a working group of people living with dementia across England, Northern Ireland and Wales who wish to contribute to:

- the improvement of the lives of those living with dementia
- the improvement of the lives of those who support and care for people with dementia
- the work of professionals and policy makers working in this and related areas.

Members are based all across the three nations, creating a network of voices on dementia who can lead on regional and national projects.



England • Wales  
Northern Ireland

Making the voices of  
dementia stronger



The 3NDWG steering group in September 2018

Supported by



## What do we do?

The 3NDWG has been involved in activities such as:

- Approached for input on several consultation exercises such as the Green Paper on Health and Social Care and the Prime Minister's Challenge on Dementia 2020
- Asked to speak at several events, including the All-Party Parliamentary Group on Dementia, Dementia Friendly Communities among many others
- Speaking at conferences about their experiences, including the Alzheimer's Society Annual Conference, the ADI Conference in Chicago and many local events.
- Heavily involved in the production of the new rights-based Dementia Statements and the Wales Dementia Action Plan 2018-2022
- Designed and created their own website, including producing an informational film
- Started a popular twice-monthly Twitter chat on different topics relating to dementia

## Why should you get involved?

Joining the 3NDWG is a brilliant opportunity to use your voice. Here are some things that we can offer to you and that you can contribute to:

- A sense of belonging to a wider group of like-minded people
- Regular newsletter
- Blog posts
- Twitter chats twice a month
- Signposting to information and services
- Involvement opportunities relevant to your work experience, hobbies, interests or locality
- Updates on current work and developments in the field of dementia
- Invitations to join surveys, focus groups and petitions
- A platform to influence, improve and learn
- The chance to share your experiences to continuously strive for improvement in research, advocacy and services

## Our ambitions:

- To make a positive difference to the lives of people affected by dementia.
- To become an advisory and the 'go to' group for professionals, the media, policy makers and anyone seeking input from people with dementia.
- To reduce the prejudice and stigma attached to dementia.
- To be a collective voice of and for people with dementia nationally, regionally and locally.
- To influence public policies that impact on the lives of people with dementia and their families.



A 3NDWG Steering Group meeting, February 2019